grateful for your presence in this Universe! Thus shall you be expanding the "Light of the World." Of such are the Kingdom of Heaven.

Every morning upon awakening, place your first thought upon your God (Whose very life is beating your physical heart) and say: "Heavenly Father—today I am gratefully yours. Use my life in every way you can so that those who contact me may feel grateful for my life among them and pass that feeling on in an un-ending stream until all life has returned to Thee in worshiping love." Then ,at night, before entering sleep, say: "Heavenly Father—I am lovingly grateful for this day which I have lived by the use of Your life. While my body sleeps tonight, take up any and all the good I have done this day and amplify it without limit. Use it to transmute into Your love and light any and all mistakes I may have made and see they do not occur again. Anchor this purified energy into my world for use tomorrow so that, when I awaken to another day of opportunity for service, I say again 'I am gratefully yours'!"

Next issue—"Intra Muros" will be continued from previous number.

"Where two or three are gathered together in My Name (My nature), there I am in the midst of them."—Jesus.

At the first Whitsuntide, the disciples were gathered together in that little "Upper Room" in ONE consciousness, with ON7 purpose and then, in that unity, the "Spirit of the Lord" came upon them and They received great blessings.

In like unity of consciousness, all those who now desire healing of their bodies, minds and affairs; harmony and peace in their homes and worlds; the manifestation of money and every good thing in their hands and use and the illumination of their minds, are invited to meet (mentally) in consciousness with others of like intent at the same time they meet.

Every Tuesday evening from 7 to 10 o'clock P.M. and daily from 7 to 8 o'clock A.M. (both New York Time), groups of dedicated men and women meet together and lovingly place all human problems in the hands of the Heavenly Father, invoking all His help to solve those problems and remove all their attendant distresses. If each individual desiring such assistance will observe these periods as a "quiet" time in his or her own home (adjusting the time in their locality to meet the hours above), they will be sure to feel the "sweet anointing from above." Try this! Wherever you are, enter into this consciousness regularly with these groups for a few weeks. You will feel the added assistance to your own endeavors. Then be sure to "keep on keeping on" until your world and affairs are all that you desire. Remember "Keeping everlastingly at it brings success!" God bless you!

HOPE

HEALTH OPULENCE PEACE ENLIGHTENMENT

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Thermopylae

An Ode to the Spartan Spirit

Leonidas the "lion" King
His brave three hundred led
Against the foe ten thousand strong—
King Xerxes at their head.

'Twas at the pass, Thermopylae,
'Twixt mountain and the sea,
That Spartans held the Persian horde
And fought strategically.

So many were the enemy
Their arrows hid the sun;
" 'Tis much the better", Sparta said,
"In shade our victory's won."

For two full days the loyal few
Held thousands from the Gate;
E'en Xerxes sprang thrice from His throne—
Lamenting Persia's fate.

But ah, alack! When morning came—
The foe the rear had gained;
O'er secret path, by traitor led,
They had the goal attained.

Undaunted, brave Leonidas
Whose spirit spurned retreat,
Refused to yield, 'til body fell
Beneath onrushing feet.

By his example, Greece was fired
With zeal for liberty
And man to man they faced the foe
To final victory.

Would not have flowered the Golden Age
Of Greek Democracy,
Had not the faithful with their lives
Paid at Thermopylae.

Also in this issue: **Great White Brotherhood—Serapis Bey; "Thou Shalt Arise—Atlantis!"; Luxor—spiritual oasis; Venus, Sister Planet of Earth (final installment); Hallowe'en—"To the Unknown . ."; "I am—gratefully yours—"**

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THE GREAT WHITE BROTHERHOOD

(Lives of Great Men and Women Who have blessed the human race)

Serapis Bey

(One of whose embodiments on Earth was that of Leonidas, King of Sparta.)

To qualify for membership in The Great White Brotherhood, an individual must selflessly desire to benefit the entire human race. This desire must be complemented by practical activity and not remain a vapory vision which has no substance in fact or service.

The Earth, of course, is but *one small planet* in this Solar System! There are other planets belonging to this System and there are other systems also which are inhabited. It would be a travesty indeed to think that all the great Suns and planets should have been created and sustained *solely* for the purpose of contributing the light of the Earth's skies at night and nourished by God only as a display of a "curtain of stars" for a planet so small that it is but a tiny part of the great Galaxy to which it belongs.

When the planet Earth was first created by the Seven Mighty Elohim at the Divine Command of the Beloved Helios and Vesta (God-parents of our System and great Divine Intelligences Who govern our physical Sun) the Earth was very beautiful indeed in every respect. It was a scintillating crystal ball of light whose vegetation, seas and Elemental life, as well as Its inhabitants, were extremely graceful and masterful and lovely in every way. As you can read in the following articles in this issue, during many, many centuries of this God-perfection, Earth's people successfully fulfilled the Divine Plan for which they took embodiment here, i.e., learning the mastery of substance and energy through the God-use of Divine Love—the Master power of creation.

Beginning of Earth's Shadows

Then came the time when the Earth heard of the need for a home for certain lifestreams from other planets which had preceded the Earth and were evolving into greater perfection. Some egos upon these Stars did not choose to expand their light sufficiently fast to be able to remain upon their

planetary home and some other place had to be found where they could continue their evolution. Earth then offered to be Host to these "laggards" and these brought with them (as they took embodiment upon this small planet through the ordinary process of physical birth) the shadows of their less controlled thought and feeling centers. As the shadows increased upon the planet Earth, there went out into our Universe a call for volunteers from other Stars Who, with more strength and development would be able to stem the tide of the on-rushing distress which the Great Ones in charge of the Earth and Her evolutions saw must follow such a departure from the Divine Plan for which the planet was created.

Thus, in answer to this heart-call from Those Who were in charge of the Earth, from superior Systems certain great Intelligences volunteered to come to the Earth and become one with the consciousness of Its people through taking physical birth, thus helping to raise the darkening consciousness of mankind, *since all life is one*. One such glorious lifestream, now known as the Beloved Ascended Master Serapis Bey of Luxor, offered to come to Earth from the planet Venus, bringing within the shining folds of His etheric body, the consciousness of Immortality and the feeling of buoyancy in consciously transcending the laws of matter and the lower vibrations of physical substance in which the Earth people function at this time.

(Here may we digress for a moment with a short explanation of what is meant by the above words "His etheric garment".

Each individual is surrounded by an invisible but tangible substance (called by metaphysicians the etheric body). This etheric body registers every experience (good or otherwise) through which the individual passes. It becomes the storehouse of memory (science has touched lightly upon the truth of such a "storehouse", calling it the "subconscious mind"). Stirring up the memories of the "subconscious", those interested in the fields of psychiatry and hypnosis have brought to the surface of the conscious mind many hidden memories (some good and some otherwise) which have a decided influence upon the personality of individuals. When these good men of science and research accept the fact that the "subconscious" (etheric body) has records of experiences in *previous* lives of the individual, as well as the hidden memories of the *present*

Earth life, they will be able to more successfully treat and assist their patients.

When a lifestream chooses to serve mankind for the benefit of the whole, the sum total of all the good experiences in which his lifestream has participated is of tremendous assistance to such a service. Thus, selfless lifestreams of high spiritual development, preparing for such humanitarian service, sometimes *choose deliberately* to embody at definite periods of Earth's evolution and thus build into their own etheric bodies momentums which can be used by them as occasion arises, wherein their talents, gifts and powers will benefit the masses.)

In the early ages of which we spoke above, before the mankind of Earth had begun to use the God-given right of free-will destructively, the natural passing of the physical body at the close of the final embodiment, after the complete fulfilling of their Divine Plan here on Earth, was accomplished by each individual's use of the Ascension Flame.

Mankind's Divine Goal—The Ascension

Now, just what is the Ascension Flame? The Ascension Flame is a natural Flame composed of the substance of the Sacred Fire—a concentrate of all the up-reaching of the spirit, prayers and endeavors of all mankind who have ever lived upon this Earth all through the ages—all the energies of their victorious spiritual accomplishments in which they have brought more abundant life and light to mankind. It has also received into Itself (and still does today) all the victorious feelings of the Christ accomplishment of the Master Jesus as He achieved the mastery over death and the like consciousness of all who since have achieved that same victory. The Bible speaks of many such—Enoch, for one, Elijah and others. Thus this Flame grows more and more powerful and beautiful as the ages roll for It shall continue to be a repository for all such victorious achievements for all time to come.

The Ascension in the Light is the great goal of all physical embodiment upon this planet or any other and the transcendent "reward" for which all physical experience is endured. The Law of all life is the Circle and that Law is such that, eventually, everything returns again to its Source. All comes from the invisible to the visible and then back to the invisible again when it's purpose is accomplished. Our bodies thus

came into manifestation and so does all form on the Earth.

All life is God. All that is *came forth from* God and, in obedience to the Law of the Circle, every lifestream must return *to* God, bringing with him or her all the spiritual victories gained through the conscious mastery of substance and energy by the Laws of Divine Love—the Master Presence of creation. Every individual using a physical body today is a living sign-post, as it were, pointing to the Truth that *he has within his physical beating heart* a spark of the Divine Father-Mother God from whence he came—a White Fire Being (in the beginning of his individualization).* When that individual has purified the substance and energy of his world by the use of the Sacred Fire, his body becomes self-luminous as Beloved Jesus' did on the Mount of Transfiguration. Then, as this purification is continued, the inner light in every cell and atom (which is now closed in by the density of the physical flesh) will blaze forth. This raises the vibrations of the flesh body until the Earth will lose Its magnetic pull for that substance and the body arises into the atmosphere (as Jesus did) and then continues to rise upward through Earth's atmosphere into the Higher Realms of consciousness which many have often called "Heaven". When an individual has accomplished such a victorious attainment of freedom as Jesus did, he never has to return to the Earth plane through physical birth again but such an one is eternally free and becomes the Ascended Master. Beloved Jesus told us that the things He did all should one day do also . . . you will remember!

In the process of the Ascension, the fact of the physical form becoming invisible to the physical sight no more puts the individual out of existence than one can put an airplane propeller out of existence by speeding up its vibrations until it becomes invisible! When a plane propeller is visible—it is usually either not turning at all or very slowly. When it is speeded up so that it generates enough power to lift its plane into the air and not only sustain it there but enable it to proceed forward with tremendous speed, the propeller becomes quite invisible—BUT IT IS STILL THERE AND VERY,

* This is the perfection to which the Beloved Jesus referred when he prayed to God to give Him the glory which He had with the Father *before the world was!*

VERY TANGIBLE—especially to anyone or anything which gets in its way!

The Ascension Flame is now and, since the beginning of mankind's advent upon the planet Earth, has been designed, sustained and guarded by Beloved Serapis Bey and His Brotherhood of the Ascension Temples on the landed surfaces of each great civilization which has been. Upon Lemuria and Atlantis, this Ascension Flame was well known by the people, consciously accepted and wisely used when the individual's life-cycles were completed and they were ready to return "Home" to the Heavenly Father and Realms of Light from whence they came; their lessons on Earth learned and their mastery attained.

As you will read in the other articles in this issue, the continued mis-use of the life energy by the people of Earth (after the advent of the "laggards" upon It) lowered the vibration of the brains, bodies and souls of mankind; so much so that *nearly all* forgot their Source as well as the Presence of this great Guardian of the Ascension Flame, Serapis Bey and Those Who assisted Him through personal mastery of substance and energy. Thus they also forgot their own ultimate goal—the Ascension in the Light. The Ascension is the return of mankind to the Divine Image of God, in which image they were originally created.

As stated above, in order to help the mankind of Earth to keep at least an inner remembrance of this goal alive within them, Serapis Bey, seeing the need and answering Earth's call, offered to become one with the people of Earth by taking physical embodiment here. When such an individual voluntarily becomes a part of the race through the ordinary process of physical birth, that one has greater power to influence the thinking and feeling processes of unascended beings, because his four lower vehicles (physical, etheric, mental and emotional) then become one with those of the consciousness of that race.

Ascension Temple at Luxor, Egypt

After the exodus from Atlantis (described in a following article) Beloved Serapis Bey established the Ascension Flame in a great Temple in the vicinity of Luxor, Karnak and Thebes. Because of His entire lifestream's devotion to the guarding,

serving and expanding of that Flame, preserving Its presence on Earth for the use of the few who qualified from time to time to use It (as Beloved Jesus did) and to hold It in readiness for those who in the future shall all find their way Home through Its use, Serapis Bey after His own Ascension (about 400 years before Jesus) earned the right to be the Chohan (Lord) of that Flame. While wholly free as an Ascended Being and functioning a great deal of the time in that Octave of Perfection above the Earth, still He spends some of His time in protecting and expanding that Flame right here on Earth in the Ascension Temple which is as real and tangible as the physical house in which you live; so much so that many sincere and accepted initiates have entered there and been entertained by this great Hierarch of the Ascension Temple or Retreat—Serapis Bey. There are also a series of subterranean Temples below the surface of the sandy desert, which Temples will arise again in the future as the Earth shifts from time to time in Her restless endeavors to regain Cosmic balance. These subterranean Temples are presently used by the Beloved Serapis Bey and His Brotherhood of the Ascension Flame. Of course, the ancient Temples of Luxor, Karnak and Thebes are in ruins today so far as their physical remains are concerned. These were originally created by Beloved Serapis Bey. However, even today, the "mystic" visiting these locations easily contacts the spiritual vibrations magnetized and sustained in that locality all through the ages by Those Who serve that Flame.

Having so volunteered to assist the people of Earth by keeping alive within their consciousness the reality and victory of the Ascension Flame, He had accepted the karmic "Wheel of Birth and Re-birth" as part of His mission. He desired to re-create in the outer consciousness of mankind an interest in and an acceptance of the possibility and ultimate achievement of ascending into full God-perfection. In order to be able to render this service as efficiently as possible, He knew that certain experiences of Earth-life would build into His etheric body certain strengths, understanding, compassion and constancy of service to that end. One of His embodiments was in Greece, as the great directing Intelligence behind the creation of the great Colossus at Rhoades, which was designed to show the strength and power of the *spiritually awakened* man.

In another embodiment, in order to learn how much discipline of the outer self a man could safely assume, He took embodiment as the kingly Leonidas—King of Sparta—and history records the rigorous disciplines which even today are referred to as "the Spartan spirit." The cover poem in this issue describing this spirit is well known to many.

After the exodus from Atlantis (described in the following article in this issue), the Ascension Flame was established in the vicinity of Luxor, Karnak and Thebes by Serapis Bey and His Brotherhood Who had brought that living Flame from Atlantis before She sank beneath the waves. Serapis was not yet ascended at that time and so, in order to protect and expand that Flame in the physical octave (which He had vowed at Inner Levels to do) he took embodiments on Earth again and again. One such was as Akhenaton IV, establishing in Egypt at that time the religion of the One True God and building the beautiful Temples at Thebes. Then, as Amenophis III, He builded the Temples at Luxor and Karnak. These were builded on the design of the original Ascension Temples which had flourished on Lemuria and Atlantis and in other Golden Ages of Earth's history.

What Does This Mean to You?

Now, gentle reader, do we hear you ask: "of what real and practical value is all this information concerning the Ascension Flame to me today?" Simply this: you are a lifestream in embodiment on the Earth today which proves that you have a Divine Plan to fulfill—*your* reason for being—your particular design in the God-scheme of creation. If you desire to hasten the fulfillment of that Plan in your daily living *now*, you may consciously apply in prayer and decree to this Great Being—Serapis Bey—Hierarch of the Ascension Temple in Luxor today. This Great Being and His loving Brotherhood, as well as the glorious Ascension Flame, are available at any hour of the day or night to those who desire Their assistance in setting themselves free from the distresses which human kind *have created for themselves* and from which they so long for release! Through the Presence of the Immortal Three-fold Flame of life within every beating heart, every living being on Earth has the ability, opportunity and privilege to call the name

of Serapis Bey and, by holding the attention upon that Being, consciously connect their consciousness with His. This takes patient, rhythmic and determined application, *but it can be done.* Those who desire such contact and its resulting assistance *enough* will begin this practice and, in time, be enabled to prove these words. The proof of this contact will be in the illumined consciousness, the God-controlled thoughts, feelings, spoken words and deeds of such an aspirant and the general example of the Christ consciousness as Jesus lives it, expressed in every-day life. This is not done in a moment but the attainment of the ultimate good—the Ascension—is worth every second so applied. The watch-word of the Ascension Temple is "TRY"—and *no one can possibly know what he can do until he tries.* Perhaps the old maxim "If at first you don't succeed—try, try again!" comes from these beneficient friends of the ages to all mankind—the Ascension Temple and Its great Hierarch, Serapis Bey! May all mankind quickly acknowledge and accept the tremendous self-sacrifice and loving service which He has given to the people of this Earth for many ages and reward Him by a quick acceptance of the Eternal Freedom He offers, receiving into themselves the raising buoyancy of the Ascension Flame He so loves and to which He has given Himself.

Suggested Prayer

"In the Name of the Beloved Presence of God—"I AM"—in me, and in all mankind, I call directly to the Beloved Serapis Bey and His Brotherhood at Luxor. I thank You for providing and sustaining for us The Way back "Home". We are indeed grateful that there is a door still open into the Heavenly Realms from whence we all came. Help us to qualify as quickly as possible to enter that Door of the Ascension in the light. This very day and always, show us how to so purify ourselves and selflessly serve our fellowman that we may easily, quickly and perfectly fulfill the Divine Plan of our lives according to our capacities and abilities. Blaze Your Ascension Flame in, through and around me and my world daily and around all I contact, as well as in, through and around all mankind, raising all in the buoyancy, love and joy of eternal freedom from limitation of every kind. My Holy Christ Self, help me to consciously accept this done, even as I make the call. So be it!"

"THOU SHALT ARISE—ATLANTIS!"

When we delve into so-called "ancient" history, our findings are very meager unless we take into consideration that the Earth is *very old*. Hieroglyphics on monuments in Yukatan record that the human race has been in existence upon this globe for at least 5,000,000 years and some have estimated the figure to be 28,000,000 years. Scientists concede that, as a celestial body, the Earth may be over three billions of years of age. Einstein puts it at seven billions!

Nor is our understanding of the story of the Earth complete if we accept the hypothesis that Its topography has always been as it is now. Actually, much of our present Earth surface, at one time or another, has been beneath the sea; conversely, great continents have existed where vast oceans now roll. Time was when the Earth was *banded 'round* by landed surface.

At that period, the continent of Atlantis occupied the area which is now the Atlantic Ocean. Some peaks of Its central mountain range—the Azores (in the North Atlantic) as well as Ascencion and Tristan d' Acuna Islands (in the South Atlantic) —are still above ocean level, while the great body of this continent lies a few hundred fathoms beneath the sea. Oceanography is now lending its weight to the proof of this theory. Homer had it in mind when he mentions "the land beyond the Pillars of Hercules, far beyond the setting sun."

Originally, Atlantis connected Europe with North America, the three continents forming one land mass. Then, the Sahara and Gobi Deserts and some portions of North America were covered with water. The population centered manly in the Atlantean area.

The first inhabitants were of a yellow-white complexion, a very spiritual and idealistic race. In the course of time, there embodied on Atlantis a people of pure golden complexion, who called themselves "the Golden-hued Race"—Lords of the Sacred Fire Principle. They brought intellectual culture to its heights; philosophy, music, art and poetry were at their best. This period was duplicated later in the Periclean Age of Greece.

After a lapse of years, the age of the fine arts gave way to an era of science. Its exponents were of a more practical and materialistic inclination than had been the people of the

previous eras. They were absolute Masters of the Pure Fire Principle, which, in our language, means that they understood the control and direction of energy, and channelled it toward constructive ends. They knew how to energize a thought pattern with feeling and to lower its rate of vibration until it appeared visible and tangible to the senses as a physical object. Thus they were conscious masters of the art of precipitation.

Divine Plan Forgotten

As time went on, *some* among them began to experiment (play) with Hermetic Fire (life energy) , as is often the case with lifestreams highly advanced in the knowledge and use of the Sacred Laws of Life. These retained their powers but lost the vision of their God-plan (reason for being) . They became enamored of the objects they could create, but they forgot the *purpose* of the power of creation. Moreover, they began to use energy destructively. They became proficient in psychism, astrology, telepathy and hypnotism. The ruling class held their subjects under control by a kind of semi-hypnotic influence. Less evolved lifestreams embodied during this period. Their nobles were called the Lords of the Dark Face.

At length, the race of the men of science became numerically less, until the entire area was dominated by the Dark red-skinned Race. Because the spirit of war was so rampant among them, they practically conquered the then known world.

Then came the days of the sinking of Atlantis. The first evidences of Its submergence were the separating of Europe on its eastern and North America on its western coast by ocean water. Thus, the Atlantean area, for the first time, became a separate continent. Being higher than near-by Europe and Atlantis, the British Isles remained above water.

Gradually, from time to time, portions of the island continent (Atlantis) continued to sink until only Poseidonis—reaching from Greenland to the Azores—remained. It was caller the Black Empire. Upon it the Dark Red-skinned Atlanteans were supreme. They were proficient in the practice of Black Magic. They were not savages, however; they were technical, intellectual, mundane. So much attention had they given to material conveniences that their utilitarian civilization far surpassed our present so-called "machine age." Electricity

was to them a crude form of power. Forces finer than ether were used to activate their mechanical devices.

Material grandeur may be *attained* but it is never permanently *sustained* unless constantly charged with Spiritual wisdom (vision). Forces of disintegration *in one night* took Poseidonis with her sixty-five million citizens beneath the rolling waves and this happened less than twelve centuries ago!

Now, not *all* the Priests and Priestesses were followers of Black Magic. A few there were who remained true to their trust as White Adepts of the Sacred Art. Their nobles were known as Lords of the Shining Face.

Preparation for Exodus

Before the final cataclysm which was to carry the remaining islands of Atlantis beneath the waves, the High Priests of the Temples of the White Order were notified by the Spiritual Hierarchy to gather together many priceless treasures from the Temples in which they officiated and load them into vessels that rode anchor in the placid harbors.

Thus the preparation for the exodus of the Illuminati and the spiritual culture of Atlantis began. Quietly, the Guardians of the Atlantean Era prepared to leave their Island home and journey to far distant lands. Each group proceeded according to sealed orders which the Leader carried upon His person, but which were not to be opened until the fateful moment of the departure came.

North, east, south and west were the Chosen Ones to sail, each with a portion of the heritage of the great Atlantean culture; each toward a haven of safety where Their light, power and knowledge might be secured for generations yet to come.

When the great moment came, the Priests and Their companions left Their Temples and bidding each other goodbye, turned their faces toward the point which was designated in their individual orders.

All in all, one hundred of the great Atlantean Fleet set forth. Those going westward and southward settled in the neighborhood of the Easter Islands, Peru and Mexico. Others ventured further across the expanse of the Pacific to Asia.

Among the High Priests of the White Order was the Master now known as the Beloved Serapis Bey. His galleon with forty

companions sailed eastward, coming finally after many days to the mouth of the Nile in the land of Egypt. Following the carefully drawn course set for them, they proceeded up the Nile to the vicinity of *Luxor,* where they disembarked. Kneeling around the brazier which held the embers of the Immortal Fire from the altar of the "Home" Temple, Serapis and His companions breathed upon the smouldering sparks until the fire leaped up, renewing and warming their hearts and spirits with the memories of a culture and a home they loved so well.

Even as they knelt, the Earth shook violently beneath them and the river swelled mightily. The Priests and their attendants then bowed their heads, knowing that in that moment, as the Flame leaped upward before them, somewhere to the westward the sea had fulfilled the prophecies of Atlantis. "The Jewel of the Sun" (Atlantis) with all Her children, had been claimed into the purifying waters of the great Ocean which still bears Her name. *Birth* and *death* alike arose in waves of tumultuous feeling in the breasts of the Keepers of the Flame and sadness tinged the worship of the new Fire of *Hope* that lived on the breath of those pilgrims from the Homeland. Thus Luxor—as a Focus of Light—was born!

Certain of the great Atlantean cities were hermetically sealed and these will rise again in the coming years to reveal the truth of Atlantis' perfection to all men. Her ultimate resurrection in the not too far distant future will reveal Her to be QUEEN AMONG THE CONTINENTS OF THE EARTH!

LUXOR—A SPIRITUAL OASIS!

Up the River Nile, almost 480 miles from Cairo, the still glorious remains of the Temples of Luxor stand out in bold relief from the sands of the desert, proclaiming to the world a magnificence of splendor and a transcendence of purposeful worship that is little understood by modern civilization. Great pillared avenues extend around the base of the imposing Temples that were built by Rameses II, and which have endured to the present day. The Temples seem to throb with the vibrations of the spiritual invocations and endeavors of the Illuminati of past ages, but with a very present, powerful, potent and active stimuli to the upliftment of soul and spirit.

Within the ruins of these Temples of the past, the mystic knows that the Great Hierarch of Luxor, known as Serapis Bey, still has a very tangible focus of light. Many unascended beings, including Marie Corelli and Madame Blavatsky, visited this retreat in their physical bodies and received certain instruction to assist them in their particular service to mankind.

The contrast between the arid desert that lies within a few feet of the outer wall of the Ascension Temple and the verdant, glorious garden which surrounds It (filled with musical fountains, varied colored flowers in full bloom and the brilliant plumage of the bird life) leaves us speechless with admiration and delight.

Set back from the courtyard is the famous Sanctuary of Luxor, known throughout the spiritual world as the Host to those sons of men who are about to finish their earthly pilgrimages and who desire to hasten the development of the necessary qualifications to pass *with awareness* into the next Realm of conscious life through what is termed *"The Ascension."*

The *Hierarch* of this Temple is One Whose name has spelled *discipline* to men throughout the centuries of time—the very One from Whom the present "Spartan spirit" is derived and Who was the Originator of that great race whose memory lives yet in the immortal history of Ancient Greece. None other than *He* held at bay in August 480 B.C. those Persian hordes seeking to force their way through the Pass at Thermopylae into central Greece and by which staunch stand, as *Leonidas,* He thereby paved the way for Grecian freedom from oppression. He is now an Ascended Being known as the Master Serapis Bey. By complete personal purification of His entire lifestream and the fulfillment of His Own Divine Plan (reason for being) He finally achieved the Victory of the Ascension, (the final goal and reason for all physical embodiment) even as the Beloved Master Jesus did.

Many times He returned and took embodiment in Egypt, in and around Karnak and Luxor, serving again and again as High Priest in the Temples, keeping alive in the memories of mankind their glorious cultural heritage from Atlantis and inspiring them with the vision of their purpose for being.

Many are the illustrious ones who have been guests of the Temple at Luxor through the ages: Joseph of the "coat of many colors," Moses, Aaron, Miriam and others who were instrumental in the Jewish Exodus. Later came the beloved Jesus, Mary and Joseph to bathe in the Sacred Fires of Luxor and then, through Its strength, proceeded to fulfill Their God Mission—vested with the powers of Its Resurrection and Ascension Flames!

As the light of the Atlantean Days grew dim and the masses began to lose their sense of purity and honor, it became necessary to write the *discipline* of the *Law* required to preserve the righteous ones through darker days that were to come.

It was at this Temple that Moses learned much of which He incorporated into the Mosaic Law after the Exodus and from which Temple He (Moses) drew the fire of courage and Aaron learned the arts of Priesthood, so helpful to them both in leading their people out of bondage into the Promised Land.

VENUS—EARTH'S SISTER PLANET

(Continued from previous issue)

In our preceding article on Venus, we pointed out that old age, disintegration and so-called "death" are unknown on that planet because there is no inharmony of any kind to cause them. How then does the consciousness of the lifestream pass from a physical form to the Higher Realms where it abides between embodiments?

At the time of passing, the individual consciously utilizes the power of the Fire Element and, with the help of the Lords of the Flame from that planet, transmutes the substance which made up his physical garment, thus allowing his soul to enter the Inner Realms of consciousness for a time of rest and further study of the Laws of Life.

At a self-chosen time, he returns again to a self-chosen family for another embodiment and opportunity to complete the soul growth required before he earns his release from "The Wheel of Birth and Re-birth" in the consciously attained victory of the Ascension. After this, such an one is eternally free in every way and is not required ever to embody again through birth.

The soul on this planet (Venus) is not bound by karmic restrictions and has complete freedom in his choice of parents for a future birth. These parents are sometimes informed by the individual (even prior to the closing of his present embodiment) that he desires their parental assistance to him in his next embodiment and, if they acquiesce to his request to give such assistance, such an individual may leave in their custody for safe-keeping, many of the treasures of his current life, his books and research papers, etc. Then, on assuming his "new" personality (embodiment) he continues in an unbroken chain of consciousness to work out his own soul development or some great service to his planetary kin. This, of course, greatly accelerates the progress of the individual soul as well as the high degree of culture and perfection for the State, since the great minds of one generation are not lost in succeeding ones.

In the past, great souls from the planet Venus have volunteered from time to time to forego the glorious happiness and perfection of life on their own planet in order to help to speed up the spiritual progress of the people of Earth. These souls have willingly submitted to a temporary exile (although sometimes that exile may be for the duration of centuries) and have taken embodiment as children of the men and women on Earth who are learning their lessons in the use of the Divine Laws of Life (since the Earth is the schoolroom of this Universe).

One of the restrictions of Earth life at the present time is that the incoming soul must voluntarily submit to the loss of "consecutive consciousness" (i.e. memory of his previous lives) which is one of the faculties of the Venusian's experience. When such a soul incarnates on Earth, his outer mind becomes oblivious to his past glory; his inner vision is dulled; his mission blurred; and even the fact of his exile is unknown to his outer consciousness. Although his inner bodies glow with a Celestial fire, it is only by rare flashes of intuition from time to time,—a sense of "home-sickness," a "dream" that makes his outer consciousness aware at all of his *real* home from whence he came—the Celestial planet Venus.

As such an individual advances, if he is fortunate enough in his choice of parents, surroundings and circumstances here on Earth, he may sufficiently experience an awakening of the

soul which allows him to perform some valuable service to the human race; to raise the curtain on "possibilities" for a more glorious future for Her people. All through the ages, such selfless Brothers and Sisters from Venus have given tremendous assistance to the spiritual development of the people of Earth who, one day, when such Truth is really known by them, will honor and revere those selfless ones who preferred the service to others before their own immediate comfort and speedier Victory in the Light.

FINIS

HALLOWE'EN—"TO THE UNKNOWN—"

Some of you may be familiar with the story of Paul, the Apostle, in the New Testament when, during His ministry in Rome, He addressed an interested throng on the subject of one of their Temples—this one dedicated "To the Unknown God." Having provided so many Temples for the Gods *they thought they knew* and not desiring that any should be slighted by ignoring them, they built another Temple "To the *Unknown* God" (or Gods, as the case may have been). Those people wisely realized that the turning of one's attention toward any God-Presence (no matter by what Name He is called) would open the way for the blessings of that One to come into his or her individual world and, through them, into the consciousness of all mankind, *for all life is one!* The ignoring of God and the constant generous flow of His gifts of life to all has closed the door to much, much more good which is available to mankind *when he remembers and is grateful!*

This same idea of providing a definite time of worship for *all* the Divine Beings who bless them was continued by the Christian Church in the following centuries and our observance of Hallowe'en today is the carrying over of a slight remembrance of this ancient practice. In the beginning of its inception, Hallowe'en (which means "Hallowed or Holy evening") was originally a time for the worship of the Saints of the Church Who were not individually known to the people —there were other "Saints' Days"—"All Souls' Day," etc. However, this *particular* evening was set aside for the worship of

those Saints of God Who had blessed mankind (past and present) but who were not well known and to whom no particular Shrines or focuses of worship had been erected. In time, mankind forgot the sacredness of this purpose and "tuned in" to another activity of the Elemental Kingdom which takes place at this time of year (October) in the Higher Realms of consciousness. This is the "bringing in of the sheaves"—the harvest of the year's achievements from that particular Kingdom. The Angelic Kingdom presents Its year's harvest in the same way and at the same place in September of each year and mankind brings in its harvest in November—thus the reason for America's "Thanksgiving Day" in that month. In the days of the Pilgrims, someone was spiritually alert enough to learn of that Truth and put it into practice.

You see, many things point to this "gathering of the harvest" at Hallowe'en—the pumpkins, sheaves of wheat, corn, apples, nuts and the parties of fun and feasting which are held at that time of year. However, again the fear and superstitions of mankind have taken over this glorious celebration and have presented the unlovely and frightening aspects of the astral or psychic plane, such as the "false faces", the faces in the pumpkins, the witches on the broomsticks and other grotesque forms.

Reality of Elemental Beings

You see, the "beings of the four elements," gnomes (earth), sylphs (air), undines (water) and salamanders (fire), are very, *very real beings!* If it were not for them, there would be no food grown, no plant life or animal life upon this dear Earth and our physical bodies themselves could not exist! Every bit of life expression upon our planet is consciously created, sustained and directed by self-conscious beings known as the Elemental Kingdom with the names we have given above.

In the motion picture "Snow White and the Seven Dwarfs" which was shown a few years ago, the "Seven Dwarfs" represented gnomes. You will remember if you saw the picture, that they were somewhat disfigured in body and face and so do many of the gnomes appear today to the mankind with developed inner sight who can see them. The gnomes have taken on such disfigurements by mirroring the grotesque forms created by mankind, through the release of discordant thoughts

and feelings. You see, it is the nature of the Elemental to mirror that which it sees and to which it gives its attention. In such a manner does the Elemental life create vegetation and all other forms upon this Earth—the Great Being Who is their Teacher holding before them the perfect pattern of that which is to be created and the Elemental then assumes that form, drawing the form's component substance into it. In this way, they produce the fruit, tree, animal or whatever the desired form may be. (See "Memoirs of Beloved Mother Mary", book published by "The Bridge To Freedom, Inc." for further interesting information on this subject.)

Some of the creatures of the sea were very beautiful in the beginning—for instance, the oyster was originally a little fairy-like being of lovely form and coloring (witness the lovely mother-of-pearl substance still lining its shell), one of whose services it was to create the "gem of the sea"—the pearl. Today it has lost its beauty of color and form by absorption, from the water element in which it lives, of certain of mankind's discords and impurity.

The rather unlovely form known today as the "octopus" was once a lovely little being of golden light like a sun—with outpouring rays—meant to bring light and beauty to the bed of the ocean. Again, through absorption of the impurities and sometimes downright viciousness of mankind in general, that little sun of light became the forbidding-looking creature of today. Those individuals who are more familiar with these creatures than the average, say that they still have within them quite an ability to respond to kindness and have been known occasionally to be trained as pets. Mankind has almost completely forgotten the Elementals who were created to be their loving, willing and obedient servants and because of that forgetfulness, man has imposed many distressing conditions upon them.

Now, in order to bring Hallowe'en back more nearly to its true intent and origin, it would be a most wonderful thing for mankind to use that evening for the blessing of the Elemental Kingdom—those who supply water for various uses, air to breath, food to eat, ground upon which to walk and fire by which man is made comfortable. Blessing that Kingdom, he woudl find his way made much easier in many ways, his supply more plentiful and his heart happier because of his loving co-operation with these.

Perhaps on the evening of Hallowe'en (and, of course, thereafter, too) some might like to make the following prayer or one similar to it:

"My own Beloved Heavenly Father—the glorious All-powerful Source of my life and that of all mankind and the planet itself! I am grateful tonight for all the good You have so generously given me and mine and for the channels through which that good has come to us, especially through the Elemental Kingdom. As these little beings have been placed under the care of mankind, I call in the name of all Earth's people tonight for a special blessing of relief and release to the beings of the Earth, air, fire and water as they suffer under the impurities imposed upon them by the ignorance of mankind. Seal each one of them tonight in an ovoid of Violet Fire which brings them freedom, happiness and peace and hold them within that healing peace forever. So be it—in God's Most Holy Name!"

"I AM—Gratefully yours—"

"Ingratitude dries up the fountain of generosity"—so goes an old Chinese proverb and, gentle reader, how true we know that to be! The natural tendency of even an animal is to be grateful for a service rendered. We have all read the story of "Androcles and the Lion" many, many times. Androcles was a slave who had run away from his master because of unbearable cruelty and, while hiding in the forest, he came upon a lion with a spear through his foot. Androcles removed the spear and the lion bounded away. Some time later, Androcles was found and taken back to Rome. There he was sentenced to die in the arena by being one of those fed to the hungry beasts. Imagine the amazement and gratitude too, of Androcles when the lion which was to destroy him stopped some paces in front of him and refused to attack. It was the same lion which Androcles had befriended in the forest for the slave could see the scar of the spear wound in his foot. So—life had remembered the kindness and Androcles was grateful that his good deed had returned to him in protection.

How long do we or any of mankind continue to bless and

bless and bless life with an abundance of health, friends and other good things when the recipients of that good have chosen to forget the Giver of that good (and even of their own life); sometimes reviling and cursing the Giver,—even denying that One completely—saying He does not even exist! Sometimes *our* patience is rather short-lived with those who are ungrateful even for slight favors granted and we are not inclined to repeat our gifts to those individuals or groups. Now, right here is a wonderful proof of the existence of a God of Love from Whom all life proceeds. That Divine Love keeps the life-giving light of the Sun rhythmically shining every day, so dependably rhythmic that clocks can be set by it! The seasons continue to bring forth their harvests, the clear, sparkling waters to quench human thirst and the air enables the lungs to breathe life in and out of the physical body. The blessing of fire stays with us, year in and year out for, do you know that if that element were to be completely removed from the planet and the use of man, no life could possibly exist here. Are you not always grateful for the comfort of the sunshine, the heat which enables our food to be cooked and the heating of our homes when necessary?

So, while we do point you to the unbelievable loving patience and constancy of giving by an All-Wise, Gracious Father-Mother God, still we must remind you, too, that all human selfishness creates for itself a penalty which it must one day pay in one way or another. God's life is perfect balance as it is given to His creation and whoever, individually or collectively, *throws that life out of balance,* must one day experience that which will prove his mistake to him and teach him not to repeat that mistake. *This is impersonal Law!* God punishes no man; mankind punish themselves by disobedience to the Law of Divine Love! No man (or even group of them) *breaks* the Ten Commandments! They break themselves, physically, mentally, emotionally and financially by disobedience to Them but the Ten Commandments still stand as "unbroken" as ever—undefiled and undefeated, for they are God Law. Mankind has free-will to disobey them if he wishes, but he will pay the penalty of discomfort and suffering if he does, until he makes things right and re-establishes the balance in his own world and in the world of others, which he has disturbed by that disobedience.

Ingratitude Very Costly!

Through many ages now, mankind en masse have been paying the price for their individual and combined ingratitude of the past. Our Earth Itself was once very, very fair. There were no deserts or year-round icy places upon Her surface; no disease-infested jungles or carnivorous animals; no vermin and no blight upon her plant life. In that day there was no rust or ferment; no decay, death or unpleasant disintegration of form. Lavish as our crops are today, in that day the verdure of Earth was much more luxuriant and beautiful. Then, mankind did not have to labor by the sweat of his brow. ALL OF THIS CAME ABOUT through mankind's forgetfulness of his Source and his ingratitude to that Source for Its generous gifts to him. Herein is proven, in part at least, the Chinese proverb stated above! However, as mankind, individually and otherwise, begin again to seek and find the actual life of their Creator right within their beating hearts, they will again open wide the doors to that loving outflow of perfection to Earth.

Everyone wants happiness, with its ensuing peace, comfort and general sense of well-being! *How do you feel* when you are being grateful for someone or something? You are happy, are you not? Is there not a sense of "glow"—a satisfying happiness in your *feelings?* Do you not make all the life around you happier and feeling better *because of your feeling* and expression of gratitude? Then the *feeling of gratitude* for all the good received by us and others (whether that good be great or small) is a good feeling to cultivate and sustain.

If you are not a grateful person by nature, you can *cultivate* that feeling. An actor does this just to make a living as we say. He deliberately *cultivates* any feeling he wishes to portray, although those feelings may not be natural *to him.* So—*anyone can cultivate* any feeling he wants—*if he wants it enough!* A grateful person is a popular one for everyone likes to be appreciated. Everyone likes to feel that his gifts are esteemed and when they are, the giver is encouraged to give more—again and again. The feeling of gratitude is the wide-open door to the Treasure-house of all God's good of every description to make its way into the world of the grateful one.

Is not the life within the body grateful? When through some error of the individual, the life-balance is disturbed

(either because of undue tensions or whatever it may be) when assistance is given which it seems not able to give itself (the splint applied to the broken bone or whatever the need may be) does not that life gratefully respond by healing and restoring the comfort and balance which was disturbed? Life is good for it is God and sincere gratitude for and to It will *prevent* many of the distresses which mankind create for themselves or against which they do not protect themselves in their forgetfulness of the all power of their Source.

One of the most important of the National observances as legal holidays in America has been the setting aside of at least one day in every year as THANKSGIVING Day. This is a time deliberately set aside from the "busy-ness" of daily living to humbly, thoughtfully and adoringly thank the Father-Mother God Who made us, for the individual and national outpouring of the good which we require to help us live as He would have us live and outpicture His image in loving kindness to our fellowmen. The grateful energy of Her people arising on that day from the whole nation has been one of the great levers which has assisted America to as much prosperity and national prominence as She has achieved in so short a period of time. Only as those feelings of humility and gratitude to God are sustained and expanded can she continue to maintain and increase that which she has gained.

Is Life Grateful For You?

Gentle reader, are you grateful for your life? Are you glad just to be alive and be a part of God's great creative scheme in these days of such tremendous and unusual opportunities to bless life and make that life grateful that *you* are here? Are your friends, relatives and co-workers whom you meet every day, grateful *for your presence* in the home and office? Is *your* presence among them a comfort? Does it bring a "lift" in their feelings and a relief to know that you are either present or available if they need you? Do you create happiness and laughter everywhere you go? Do you leave every person, place, condition and thing you contact better because you passed that way? Think this through and, besides cultivating gratitude to God for all the good you have and are now receiving, resolve to make everyone you contact feel